CHNA Action Plan

To fully meet the needs specified by the CHNA research results, Mosaic Life Care will implement a three-year action plan.

Mosaic Life Care 3-year community health needs action plan:

<table>
<thead>
<tr>
<th>Health Need</th>
<th>Proposed Actions</th>
<th>Timeframe</th>
<th>Community Partners</th>
</tr>
</thead>
</table>
| Mental Health                     | • Urban Mission Collaborative - addresses mental health needs of the homeless population  
• Continue to provide financial support to organizations providing mental health support to the community  
• Mosaic will partner financially with the St. Joseph School District to implement an anti-bullying campaign.  
• Mosaic Life Care’s Spiritual Health Department will provide ongoing education on trauma to the community. The initial presentation was “IMPACT OF TRAUMA ON THE HUMAN SPIRIT.” | FY 2020 – FY 2022  
FY 2020 – FY 2022  
Yearly | St. Joseph Health Department  
The Center  
Pivotal Point Transitional Housing  
Family Guidance Center  
Big Brothers/Big Sisters  
The Crossing  
United Way  
Local clergy  
Community Action Partnership |
| Substance Abuse                   | • Urban Mission Collaborative - addresses substance abuse within the homeless population  
• Continue to provide financial support to organizations providing substance abuse counseling and treatment to the community | FY 2020 – FY 2022  
Ongoing | The Center  
Foundation Recovery Center  
St. Kolbe-Puckett Center for Healing  
Northwest Health Services |
| Access to health care for those in poverty | • Urban Mission Collaborative - addresses access needs of the homeless population  
• Continue to provide financial support to organizations providing access | FY 2020 – FY 2022  
Ongoing | Social Welfare Board  
Northwest Health Services  
Faith in Action  
St. Joseph School District |
### Support to the Community

- School-based clinic in Title 1 school

### Adult and Childhood Obesity (Not one of the top three needs but efforts continue)

- Transition Pound Plunge from an eight-week weight-loss program to a year-long lifestyle change program.
- Add mental health education to the 4th Grade Challenge
- Continue student surveying for 4th Grade Challenge
- Continue high school student surveying to evaluate retention for 4th Grade Challenge
- Evaluate processes and curriculum yearly for 4th Grade Challenge
- Continue School and Community Gardens
- Continue Kids in the Kitchen Healthy Cooking Classes

<table>
<thead>
<tr>
<th>Year</th>
<th>Ongoing</th>
<th>Partnerships</th>
</tr>
</thead>
<tbody>
<tr>
<td>FY 2021</td>
<td>Ongoing Yearly</td>
<td>St. Joseph School District, Rural school districts, KJO 105.5, Parks and Recreation, Second Harvest Fresh Mobile Food Pantry, Missouri Western State University</td>
</tr>
<tr>
<td>FY 2020</td>
<td>Ongoing Yearly</td>
<td></td>
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<tr>
<td>Ongoing</td>
<td>Ongoing Yearly</td>
<td></td>
</tr>
</tbody>
</table>

- FY 2021
- FY 2020
- Ongoing Yearly